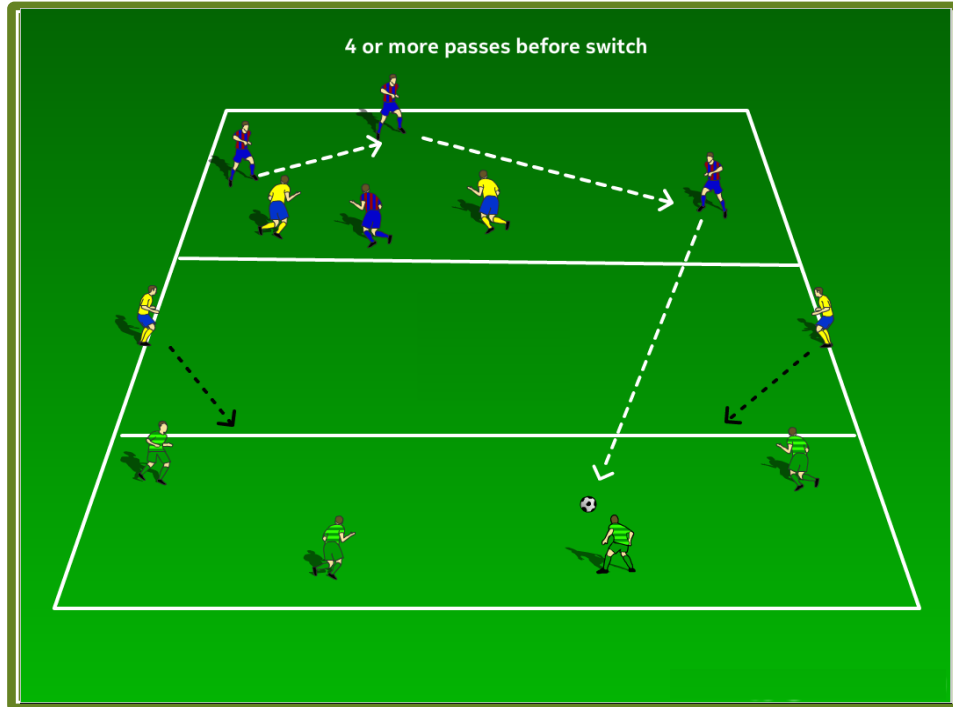


Soccer90

Passing with purpose - Advanced

Area – 45 x 20 (three 15 x 20 areas) Three teams of 4 (Can be played with 5 or 6 per team, just make playing area larger) The coach has all the soccer balls. Two teams occupy the end zones and the defending team occupy the outside of the middle zone.



1. The coach passes the ball to blues. Two yellows enter the area to defend.
2. The blue team have to combine 4 or more passes before they switch the ball to greens.
3. If they are successful then two yellows enter that playing area. The yellows that have just been defending move back to the center outer area.
4. If the defenders win the ball, they now occupy that playing area while the team that lost the ball all move to the center area and the coach passes the ball to the possession team.

Variation:

The defenders can stay in the middle zone to block passes.

Coaching points:

- Sharp tight touches
- Passing
- Create angles of support

