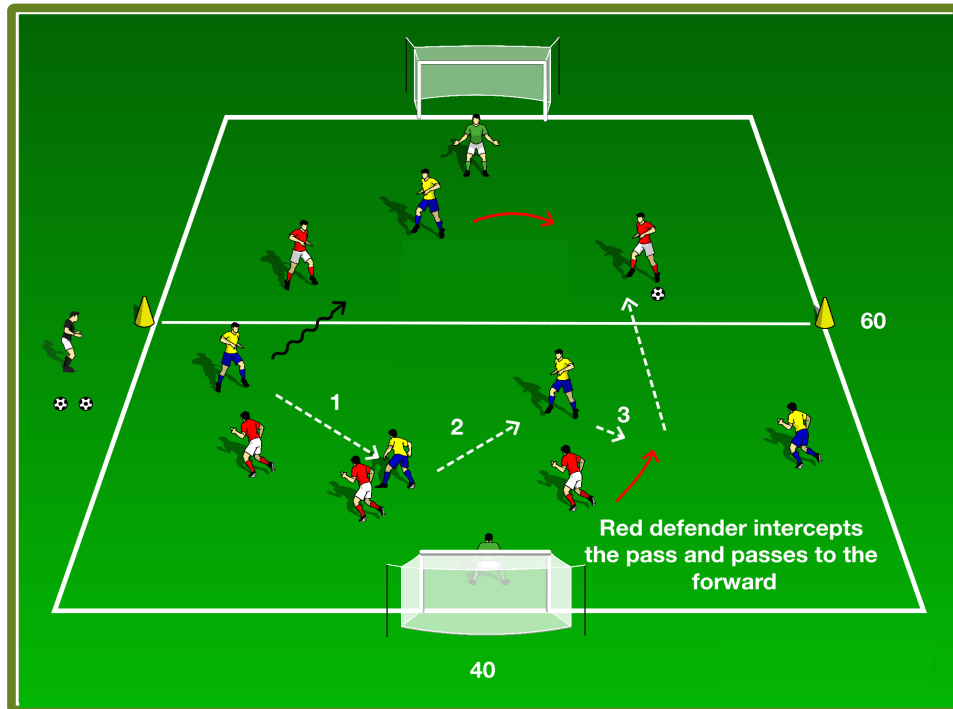


Soccer90

Coaching Deny & Delay - Advanced

Area – 60 x 40, 12 players 6 v 6. The field is split in half. In one half Yellows are 4v3 while in the other half it is reds who are overloaded with a 2v1.



1. Yellows have the ball and are playing 4v3.
2. A red defender steps in and intercepts a pass. They then pass to a red forward.
3. One of the yellows can recover to help the lone defender to make it 2v2.
4. If yellows win the ball in their defending half and pass it into the attacking half then a yellow goes in to create the 4v3.

Variation:

Get the reds to be the recovering defending team

Coaching points:

Speed of recovery

Press, delay or win the tackle?

